

## Shine Bright 4e - Annexes

### Living with Yourself, p. 123

*Living with Yourself shows the duality of man with Paul Rudd's excellent performance*

Living with Yourself focuses on Miles Elliot (Rudd), an employee at Pool Marketing who is unhappy in his work and personal life. A successful coworker tells him about Top Happy Spa, a mysterious spa run by two equally mysterious scientists, that will change him for the better.

Desperate for a change, Miles gets the procedure done and he comes out feeling rejuvenated<sup>1</sup>. When he returns home, his wife Kate (Aisling Bea) is surprised to see how bright he is. Miles had become a whole new person, but of course, everything is not what it seems. Miles discovers that the spa made a clone of him and planned on killing the sad, damaged version of himself. The series dives into how Miles deals with his relationship with his clone, and vice versa. [...]

Rudd's performance in Living with Yourself deserves to be praised<sup>2</sup>. Old Miles bares<sup>3</sup> such a huge difference to New Miles despite appearing and sounding similar. [...] Rudd believably plays two contrasting characters

so well that it's difficult to tell that both Miles are played by the same actor.

Anna Baik, *The Highlander Newspaper*, October 29, 2019

1. young again 2. applauded 3. shows